

Editorial

Challenges for psychology in times of digital evolution

Idaly Barreto*

This issue of the journal *Acta Colombiana de Psicología* is published in mid-2020, so it is inserted in the context of the pandemic crisis caused by the Coronavirus (SARS-CoV-2), which the countries of the world are currently facing, each with its respective particularities.

In Colombia, specifically, the compulsory preventive isolation measures adopted by the government have brought about exceptional changes that require the transformation of various sectors, including higher education. Thus, the pandemic not only implies multiple challenges for the country's health and economy, but also the pedagogical and technological adaptation of the different actors in the academic community.

Taking this into account, from these changes it seems that the path is to give continuity to the teaching-learning processes in remote access, a modality that supposes new challenges for innovation in the creation of interactive didactic strategies, thus promoting the development of "quality" competences in the different disciplines.

In addition to this, the consequences on mental health caused by preventive social isolation have generated challenges both for face-to-face psychological care paradigms and for models of disease prevention and health promotion, since all of them have required a dizzying change related to trends in tele-health or health care in remote access. Thus the

challenges of teleconsultation in psychology require higher education programs to update the curriculum to achieve professional skills training framed in digital transformation.

However, taking into account these two considerations, adaptation to new ways of inhabiting the world implies the creation of academic and scientific perspectives that respond to the needs of society, so that the development of new knowledge based on evidence has become more than just a priority.

In this sense, it is our responsibility to transfer and appropriate this knowledge for the psychological and social well-being of people. It is in this context that the journal *Acta Colombiana de Psicología* of the *Universidad Católica de Colombia* continues with the work of transferring knowledge in open access, but now taking on the challenge of new trends in digital publishing and content management.

As of this publication, each of these challenges will be addressed with the leadership of our General Editor, Professor Iván Felipe Medina Arboleda, and with the support of the academic community that has always surrounded this journal, as well as with the works of former and new researchers who are motivated to make their contributions to both the discipline, the university and society in general. May the challenges of the present become an opportunity to do research and publish.

* Director *Acta Colombiana de Psicología*. Dean of the Faculty of Psychology, Universidad Católica de Colombia. revistaacta@ucatolica.edu.co; orcid.org/0000-0003-3677-852X